



# THE METCALFE

## PRELUDE

### BLUE CRAB AND SHRIMP CAKES 17

Served with spiced mango chutney and pickled shallots

### MAPLE-WHISKY CHICKEN WINGS 15

Breaded chicken wings tossed in maple-whisky sauce  
Served with veggies. Gf option available

### TOMATO AND GOAT CHEESE MILLE-FEUILLE 14

Heirloom tomato with fried goat cheese  
Garnished with sprouts

### CHARCUTERIE BOARD FOR TWO 25

Chicken liver paté, hummus, prosciutto, salami, artisan cheeses, olive tapenade, local sausage, and toast  
1.5 For one person

### BEER FLIGHT 25

Let us pair a sample of our appetizers with four beers (4 oz.)

## LETTUCE EATS

### THE METCALFE SALAD 13

Romaine hearts, maple-whisky bacon, house croutons,  
Parmesan crisp, and creamy garlic dressing

### HARVEST SALAD 14

Spinach, goat cheese, apple, and candied  
Walnuts served with Calvados cider vinaigrette

### ROASTED BEET SALAD 15

Oven roasted beets, spring mix, crumbled blue cheese, and candied pecans  
Topped with a maple whisky dressing

Add grilled chicken breast to any salad for 7

Please let us know of any allergies you may have before ordering.



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## COMFORT FOOD

### CHICKEN QUESADILLA 15

Grilled chicken, Pico de Gallo, and grilled corn and black bean salsa  
Served with sour cream and salsa

### THE HILL BURGER 16

8 Oz All beef patty with caramelized onions, sautéed mushrooms, and  
Smoked cheddar cheese

### THE LOWERTOWN SANDWICH 16

Grilled chicken breast with fresh avocado, Pico de Gallo,  
Crisp bacon, and smoked cheddar cheese

### THE RIDEAU BURGER 18

8 Oz All beef patty, grilled tomato salsa, maple-whisky bacon, and  
cheddar cheese, dressed with chipotle mayo

### FISH & CHIPS 17

Daily catch in a crisp beer batter with house fries and house aioli

## MAIN EVENT

### RISOTTO 27

Risotto with green peas, roasted mushrooms finished with avocado oil

### PORK CHOP 29

Pork chop, green pea puree, artichoke fritter, and apple gastrique

### SALMON 32

Prosciutto wrapped salmon, celery root purée, zucchini and mushroom  
cigar

### CHICKEN 33

Pan seared chicken, roasted fingerling potatoes, and heirloom carrots  
Served with a peppercorn sauce

### STRIPLOIN 35

10 oz. cab Striploin, roasted mushrooms roasted baby beets, and  
Brown butter hollandaise

Proud to support our local suppliers Art is in, Seed to sausage,  
Happy Goat Coffee



# THE METCALFE

## THE PERRY BREAKFAST 16

Two farm fresh eggs any style, signature home fries,  
Double smoked bacon or sausage, and choice of toast

## THE SCOTT 14

Medley of fresh seasonal fruit garnished with berries  
Served with yogurt and granola

## THE MORISSETTE TOAST 14

French toast made with Art Is In Bakery raisin bread  
Served with local maple syrup

## THE ROWAN 14

Homemade waffle, Stuffed with double smoked bacon,  
St. Albert's Swiss cheese, served with local maple syrup

## THE MANSBRIDGE BREAKFAST SANDWICH 15

Maple sausage patty, fried egg, double smoked bacon,  
Smoked cheddar cheese, lettuce, and tomato

## THE MANLEY BENNY 18

Two poached eggs on top of an English muffin with back bacon and  
hollandaise  
Served with home fries and fruit garnish

## THE ATWOOD BENNY 19

Two poached eggs on top of a homemade crab cake topped with  
brown butter hollandaise  
Served with home fries and garnished with berries

## THE AYKROYD OMELETTE 16

Make your own omelette  
Choose from three items:  
Peppers, tomatoes, mushrooms, spinach, ham, bacon, and cheese  
Egg white option available for 2  
Please let us know of any allergies before ordering.

# THE ROX

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## YOGURT PARFAIT BOWL 11

Greek yogurt with Grandma Emily's homemade granola and  
Apple chutney made with brown sugar and cinnamon

## OATMEAL 9

Oatmeal with pecans, cranberries and brown sugar  
Served with milk and a side of fresh seasonal fruit

## HEART HEALTHY SMOOTHIE 8

Strawberries, blueberries, and Greek yogurt  
Add protein powder for 2

## MARKET FRESH FRUIT SALAD 7

A trio of fresh seasonal fruit. Ask about today's selection

## TOAST 4

Fresh from Art Is In Bakery  
Crazy Grain, raisin, or sourdough

## KETTLEMEN'S BAGEL OF THE DAY WITH CREAM CHEESE 7

Please ask your server for details

## CEREAL WITH MILK 6

## JUICES 4

Orange, grapefruit, apple, and tomato

## HOT CHOCOLATE 3

Proud to support our local suppliers from in & around Ottawa  
Art Is In Bakery, Kettleman's Bagel Co., St-Albert Cheese,  
Happy Goat Coffee Company, Seed to sausage